**BEHAVIORAL SCIENCE II: PSYCHOLOGY**

 **COURSE DESCRIPTION**

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| **Course Unit Title** | Behavioral Science I: Psychology |
| **Course Unit Code** | ABHS 101 |
| **Type of Course Unit**  | Compulsory |
| **Level of Course Unit**  | Associate Degree |
| **Number of ECTS Credits Allocated** | 6 ECTS |
| **Theoretical (hour/week)** | 3 |
| **Practice (hour/week)** | - |
| **Laboratory (hour/week)** | - |
| **Year of Study** | 1 |
| **Semester when the course unit is delivered** | Fall |
| **Name of Lecturer (s)** | Asst. Prof. Dr. Feyza A. Bhatti |
| **Mode of Delivery**  | Face to Face |
| **Language of Instruction**  | English |
| **Prerequisities and co-requisities**  | None |
| **Recommended Optional Programme Components**  | None |
| **Work Placement(s)** | None  |
| **Objectives of the Course** | The main objective of this course is to familiarise students with the major psychological concepts, principles, theories, and perspectives. The course will provide a foundational understanding of psychology as a discipline, its core ideas and concepts and how they are linked with real life situations. Topics that will be covered during the semester include foundations of psychology and major schools of thought, research methods, personality theories and applications, sensation, perception, consciousness, stress and coping, learning, memory, motivation and emotions, human development throughout the lifespan, gender and social psychology. |
| **Learning Outcomes** | Upon successful completion of the course, the students will be able to:1. Recognize and describe major psychological principles, theories, and perspectives.
2. Distinguish between different methods used by psychologists to study psychology.
3. Demonstrate knowledge and understanding of the theoretical, empirical, and real-life connections between psychology and other disciplines
4. Demonstrate knowledge and understanding of psychological processes involved in sensation, perception, learning, memory, motivation, emotion, and consciousness.
5. Demonstrate knowledge and understanding of variety of factors affecting sensation, perception, consciousness, learning, memory, motivation, emotion, and health.
6. Demonstrate competence in applying psychological concepts and principles to real life situations.
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| **Course Contents** | Introduction & history of psychology; research methods, major schools of thought; biological influences on behavior; consciousness, human development throughout the lifespan; motivation and emotion; personality theories and applications; and social psychology. |
| **Weekly Detailed Course Contents**  | **WEEKS** | **TOPICS** |
| **Theoretical Courses** | **Application** |
| 1 | Introduction to the course, course materials and each other |  |
| 2 | Psychology as a discipline and methods used |  |
| 3 | Theories of personality |  |
| 4 | Sensation and perception |  |
| 5 | Consciousness | Homework # 1 |
| 6 | Memory | Quiz # 1 |
| 7 | Social psychology |  |
| 8 | **Midterm exam** |  |
| 9 | Cognition: Thinking, Intelligence and language |  |
| 10 | Development across life span |  |
| 11 | Learning | Quiz # 2 |
| 12 | Motivation and emotion | Homework # 2 |
| 13 | Stress and health |  |
| 14 | Sexuality and gender |  Quiz # 3 |
| 15 | Discussion and revisions |   |
|  | 16 | **Final Exam** |   |
| **Textbook / Material / Recommended Readings** | Ciccarelli, S.K. & White, J.N. (2014) *Psychology, Global Edition, 4th Edition.* Essex: Pearson Education Limited with ***MyPsychLab***. |
| **ASSESSMENT** |
| **Semester (Year) Interior Activities** | **Number** |  **Semester (year) Note the % Contribution to** |
| **Attendance**  | **14** | **0** |
| **Participation** | **14** | **0** |
| **Quiz** | **3** | **15** |
| **Midterm Exam** | **1** | **30** |
| **Term Paper/Presentation** | **2** | **15** |
| **Final Exam** | **1** | **40** |
| **TOTAL** |  | **100** |
| **Course Learning, Teaching and Assessment Activities in the Framework Calculation of the workload** |
| **Activities** | **Number**  | **Duration (hour)**  | **Total Workload(hour)** |
| Hours per week (theoretical) | 14 | 3 | 42 |
| Hours per week (Application) | - | - | - |
| Presenting of observations and laboratory practices as report | - | - | - |
| The preparation and presentation of the report, research paper | 2 | 15 | 30 |
| Internet and library search  | 3 | 12 | 36 |
| Quiz- Preparation for the quiz | 2 | 8 | 16 |
| Mid-term exam |  |  |  |
| 1. Exam
 | 1 | 1 | 21 |
| 1. Self-study for the exam
 | 1 | 20 |
| Final Exam |  |  |  |
| 1. Exam
 | 1 | 1 | 31 |
| 1. Self-study for the exam
 | 1 | 30 |
|  **TOTAL WORKLOAD (hour)=176** |
| **AKTS CREDIT COURSE = Total Work Load(hour)/(30 hours/AKTS)=** 176/30 =5.9 |