**GAU, Faculty of Humanities**

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| **Course Unit Title** | | Personality and its Assessment | | |
| **Course Unit Code** | | PSY 361 | | |
| **Type of Course Unit** | | Compulsory, all psychology students | | |
| **Level of Course Unit** | | Third year, Bachelors Degree | | |
| **National Credits** | | 3 | | |
| **Number of ECTS Credits Allocated** | | 6 ECTS | | |
| **Theoretical (hour/week)** | | 2 | | |
| **Practice (hour/week)** | | 1 | | |
| **Laboratory (hour/week)** | | - | | |
| **Year of Study** | | 3 | | |
| **Semester when the course unit is delivered** | | 5 | | |
| **Mode of Delivery** | | Face to Face, E-Learning activities | | |
| **Language of Instruction** | | English | | |
| **Prerequisities and co-requisities** | | PSY 101 | | |
| **Recommended Optional Programme Components** | | None | | |
| **Objectives of the Course:** | | | | |
| This course is designed to teach the basic tenants of personality. Throughout the semester, we will be looking at personality from the different schools of psychology. We will be covering the psychoanalytic, neo-analytic, biological, behaviorist, cognitive, trait, humanistic, and interactionist perspectives of personality. In addition, we will be covering gender differences, how personality affects stress, adjustment and health differences. Finally we will be looking at cultural and ethnic differences and love and hate. | | | | |
| **Learning Outcomes** | | |  | |
| When this course has been completed the student should be able | | | Assesment. | |
| 1 | To understand the basic tenants personality. | | 1 | |
| 2 | To understand how the schools of personality differ. | | 1,2 | |
| 3 | To understand how personality it created. | | 1,2,4 | |
| 4 | To understand the ethics involved in personality research. | | 1,2,3 | |
| 5 | To understand the dynamics that influence personality | | 1 | |
| 6 | To understand the different perspectives of personality | | 1,2 | |
| Assesment Methods: 1. Written Exam, 2. Assignment 3. Project/Report, 4.Presentation, 5 Lab. Work | | | | |
| **Course’s Contribution to Program** | | | | |
|  |  | | | CL |
| 1 | Ability to identify the current and historical core content of and what is known in psychology. | | | 3 |
| 2 | Differentiate the various areas of Psychology and identify what is known in each. | | | 4 |
| 3 | Ability to show familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology. | | | 3 |
| 4 | Ability to apply psychological content and skills to career goals. | | | 4 |
| 5 | Ability to identify, and evaluate construct and critically analyze complex arguments. | | | 4 |
| 6 | Ability to apply basic research methods in psychology, with sensitivity to ethical principles. | | | 5 |
| 7 | Ability to identify the writing format of the American Psychological Association (APA). | | | 4 |
| 8 | Ability to understand the role of academic, professional, and personal integrity in maintaining a healthy community. | | | 3 |
| 9 | Ability to recognize and describe the ways in which diversity influences psychological processes. | | | 4 |
| 10 | Ability to distinguish important behavioral factors associated with personal and cultural diversity that enable intervention process in therapy. | | | 4 |
| 11 | Ability to demonstrate effective communication skills following professional conventions in psychology appropriate to purpose and context. | | | 4 |
| CL: Contribution Level (1: Very Low, 2: Low, 3: Moderate 4: High, 5:Very High) | | | | |

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| **Course Contents** | | | | | | | | |
| Week |  |  | | | | | | Exam**s** |
| 1 |  | Psychoanalytic Aspects of Personality | | | | | |  |
| 2 |  | Neo-Analytic and Ego Aspects of Personality | | | | | |  |
| 3 |  | Biological Aspects of Personality | | | | | |  |
| 4 |  | Behaviorist and Learning Aspects of Personality | | | | | |  |
| 5 |  | Trait and Skill Aspects of Personality | | | | | |  |
| 6 |  | Cognitive and Social Cognitive Aspects of Personality | | | | | |  |
| 7 |  | revisions | | | | | | Quiz |
| 8 |  |  | | | | | | Mid Term |
| 9 |  | Person-Situation Interactionist Aspects of Personality | | | | | |  |
| 10 |  | Humanistic and Existential Aspects of Personality | | | | | |  |
| 11 |  | Stress, Adjustment, and Health Differences | | | | | |  |
| 12 |  | Cultural & Ethnic Differences | | | | | |  |
| 13 |  | Love & Hate | | | | | |  |
| 14 |  | Last Day of Class – General Review / Q&A | | | | | | Quiz |
| 15 |  |  | | | | | | Final |
| **Recommended Sources** | | | | | | | | |
| **Textbook:** Personality: Classic Theories and Modern Research  Friedman & Schustack - 2011  ISBN 13 - 9780205072835  **Supplementary Material (s):** | | | | | | | | |
| **Assessment** | | | | | | | | |
| Attendance | | | % |  | | | | |
| Laboratory | | | % |  | | | | |
| Midterm Exam (Written) | | | 30% |  | | | | |
| Quiz (Written) | | | 20% |  | | | | |
| Final Exam (Written) | | | 50% |  | | | | |
| Total | | | 100% |  | | | | |
| **ECTS Allocated Based on the Student Workload** | | | | | | | | |
| Activities | | | | | Number | Duration (hour) | Total Workload(hour) | |
| Course duration in class (including the Exam week) | | | | | 15 | 3 | 45 | |
| Labs and Tutorials | | | | |  |  |  | |
| Assignments | | | | | 8 | 3 | 24 | |
| Project/Presentation/Report Writing | | | | |  |  |  | |
| E-learning Activities | | | | |  |  |  | |
| Quizzes | | | | | 2 | 10 | 20 | |
| Midterm Examination | | | | | 1 | 14 | 14 | |
| Final Examination | | | | | 1 | 28 | 28 | |
| Self Study | | | | | 14 | 3 | 42 | |
| Total Workload | | | | | | | 173 | |
| Total Workload/30 (h) | | | | | | | 5.76 | |
| ECTS Credit of the Course | | | | | | | 6 | |