**GAU, Faculty of Humanities**

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| **Course Unit Title** | Clinical Psychology I |
| **Course Unit Code** | PSY 240 |
| **Type of Course Unit**  | Compulsory, all psychology students |
| **Level of Course Unit**  | Second year, Bachelors Degree  |
| **National Credits** | 3 |
| **Number of ECTS Credits Allocated** | 6 ECTS |
| **Theoretical (hour/week)** | 2 |
| **Practice (hour/week)** | 1 |
| **Laboratory (hour/week)** | - |
| **Year of Study** | 2 |
| **Semester when the course unit is delivered** | 4 |
| **Mode of Delivery**  | Face to Face, E-Learning activities |
| **Language of Instruction**  | English |
| **Prerequisities and co-requisities**  | Psy 101, psy 102 |
| **Recommended Optional Programme Components**  | None |
| **Objectives of the Course:** |
| * Being able to define the basic clinical psychology concepts.
* learning the classification system of mental disorders
* gaining knowledge about the psychopathology approcahes of different schools
* definitions of “normal” and “abnormal” from a historical and modern approach, ethical concerns
 |
| **Learning Outcomes** |  |
| When this course has been completed the student should be able to | Assesment. |
| 1 |  Being able to explain the basic concepts of psychopathology | 1,2 |
| 2 | To gain knowledge about the classification systems of psychological disorders | 1,2 |
| 3 | To learn the classification methodology of DSM IV | 1,4 |
| 4 | To acquire a knowledge of application of ethical standards in clinical practice | 1,3 |
| 5 | Acquiring knowledge about the deifinitions of “normal” and “abnormal” from a historical and modern perspective | 1,2 |
| 6 |  Being able to distinguish psychosis, neurosis and overevaluated ideas Learning about the research methods used in clinical psychology | 1,4 |
| Assesment Methods: 1. Written Exam, 2. Assignment 3. Project/Report, 4.Presentation, 5 Lab. Work |
| **Course’s Contribution to Program** |
|  |  | CL |
| 1 | Ability to identify the current and historical core content of and what is known in psychology. | 5 |
| 2 | Differentiate the various areas of Psychology and identify what is known in each. | 5 |
| 3 | Ability to show familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology. | 3 |
| 4 | Ability to apply psychological content and skills to career goals. | 2 |
| 5 | Ability to identify, and evaluate construct and critically analyze complex arguments. | 2 |
| 6 | Ability to apply basic research methods in psychology, with sensitivity to ethical principles. | 3 |
| 7 | Ability to identify the writing format of the American Psychological Association (APA). | 3 |
| 8 | Ability to understand the role of academic, professional, and personal integrity in maintaining a healthy community. | 3 |
| 9 | Ability to recognize and describe the ways in which diversity influences psychological processes. | 5 |
| 10 | Ability to distinguish important behavioral factors associated with personal and cultural diversity that enable intervention process in therapy. | 4 |
| 11 | Ability to demonstrate effective communication skills following professional conventions in psychology appropriate to purpose and context. | 4 |
| CL: Contribution Level (1: Very Low, 2: Low, 3: Moderate 4: High, 5:Very High) |

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| **Course Contents** |
| Week |  |  | Exam**s** |
| 1 |  | Introduction to the lecture, basic conccepts of clinical psychology |  |
| 2 |  | Definition of basic terms: Etiology, epidemiology, comorbidity, predisposition |  |
| 3 |  | Concepts of “normal” and “abnormal” from a historical and modern perspective, maladaptivity |  |
| 4 |  | Concepts of assessment, diagnosis, intervention  |  |
| 5 |  | Psychopathology according to biological, analytical, cognitive-behavioral, humanistic approach |  |
| 6 |  | Psychosis, neurosis, overevaluated ideas |  |
| 7 |  | Revision | Quiz |
| 8 |  |  | Mid Term |
| 9 |  | Thought Abnormalities /Perception Abnormalities |  |
| 10 |  | Speech Abnormalities |  |
| 11 |  | Behavioral Abnormalities |  |
| 12 |  | Feeling Abnormalities |  |
| 13 |  | Concepts of assessment, diagnosis, intervention  |  |
| 14 |  | Ethical concerns in psychopathology |  |
| 15 |  |  | Final |
| **Recommended Sources** |  | Revision session |
| **Textbook:** " Abnormal Psychology" Nolen-Hoeksema, SUSAN; McGraw-Hill Publication; 2008HELP BOOKS:- “ Ruh Sağlığı ve Bozuklukları” Öztürk, Orhan; BAYT Yayınları, Ankara:2004Lecture notes will be posted on e-learning.gau.edu.tr **Supplementary Material (s):**  |
| **Assessment** |
| Attendance | 10% |  |
| Laboratory | % |  |
| Midterm Exam (Written) | 30% |  |
| Quiz (Written) | 10% |  |
| Final Exam (Written) | 50% |  |
| Total | 100% |  |
| **ECTS Allocated Based on the Student Workload** |
| Activities | Number  | Duration (hour)  | Total Workload(hour) |
| Course duration in class (including the Exam week)  | 15 | 3 | 45 |
| Labs and Tutorials |  |  |  |
| Assignments | 8 | 3 | 24 |
| Project/Presentation/Report Writing  |  |  |  |
| E-learning Activities |  |  |  |
| Quizzes | 2 | 10 | 20 |
| Midterm Examination | 1 | 14 | 14 |
| Final Examination | 1 | 28 | 28 |
| Self Study  | 14 | 3 | 42 |
| Total Workload  | 173 |
| Total Workload/30 (h) | 5.76 |
| ECTS Credit of the Course | 6 |