**GAU, Faculty of Humanities**

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| **Course Unit Title** | Introduction to Human Sexuality |
| **Course Unit Code** | PSY 479 |
| **Type of Course Unit**  | Elective |
| **Level of Course Unit**  | Fourth year, Bachelor’s Degree  |
| **National Credits** | 3 |
| **Number of ECTS Credits Allocated** | 6 ECTS |
| **Theoretical (hour/week)** | 2 |
| **Practice (hour/week)** | 1 |
| **Laboratory (hour/week)** | - |
| **Year of Study** | 3 |
| **Semester when the course unit is delivered** | 7 |
| **Mode of Delivery**  | Face to Face, E-Learning activities |
| **Language of Instruction**  | English |
| **Prerequisites and co-requisites**  | Completion of PSY101, PSY102 |
| **Recommended Optional Programme Components**  | None |
| **Objectives of the Course:**Aim of this course is to provide the students with the knowledge of Human Sexuality and how Human Sexuality has emerged over the centuries.Different types of Human Sexuality with different approaches towards it will be addressed and will be given full in detail. |
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| **Learning Outcomes** |  |
| When this course has been completed the student should be able | Assessment. |
| 1 |  To introduce the student to the psychological dimensions of human sexuality. | 1,3, |
| 2 | To introduce the student to the different historical and cross cultural perspectives. | 1,2,3 |
| 3 | To examine the place sexuality plays in human development from childhood to old age. | 1,2,4 |
| 4 | To increase the comfort level of students in dealing with a topic which is often surrounded with taboos | 1,2 |
| Assessment Methods: 1. Written Exam, 2. Assignment 3. Project/Report, 4.Presentation, 5 Lab. Work |
| **Course’s Contribution to Program** |
|  |  | CL |
| 1 | Ability to identify the current and historical core content of and what is known in psychology. | 4 |
| 2 | Differentiate the various areas of Psychology and identify what is known in each. | 2 |
| 3 | Ability to show familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology. | 3 |
| 4 | Ability to apply psychological content and skills to career goals. | 4 |
| 5 | Ability to identify, and evaluate construct and critically analyze complex arguments. | 3 |
| 6 | Ability to apply basic research methods in psychology, with sensitivity to ethical principles. | 4 |
| 7 | Ability to identify the writing format of the American Psychological Association (APA). | 3 |
| 8 | Ability to understand the role of academic, professional, and personal integrity in maintaining a healthy community. | 3 |
| 9 | Ability to recognize and describe the ways in which diversity influences psychological processes. | 3 |
| 10 | Ability to distinguish important behavioral factors associated with personal and cultural diversity that enable intervention process in therapy. | 3 |
| 11 | Ability to demonstrate effective communication skills following professional conventions in psychology appropriate to purpose and context. | 3 |
| CL: Contribution Level (1: Very Low, 2: Low, 3: Moderate 4: High, 5:Very High) |

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| **Course Contents** |
| Week |  |  | Exam**s** |
| 1 |  | Functions of Sexuality |  |
| 2 |  | History of Sexuality |  |
| 3 |  |  Studying Sexuality  |  |
| 4 |  |  Confusing Attitudes and Behavior |  |
| 5 |  | Normality in Sexual Behavior  |  |
| 6 |  | Major Theoretical Approaches in Sexuality |  |
| 7 |  | Major Sociological Influences in Sexuality | Quiz |
| 8 |  |  | Mid Term |
| 9 |  | Gender Development |  |
| 10 |  | Sexual Identity |  |
| 11 |  | Phases of Adult Sexual Development |  |
| 12 |  |  Sexual Orientation |  |
| 13 |  | Kinsey Scale. Homophobia. Bisexuality |  |
| 14 |  | Genetics & Sexual Orientation. Hormonal Influences and Sexual Orientation. Psychological Perspectives on | Quiz |
| 15 |  |  | Final |
| **Recommended Sources** .  Mcanlty R.D. and Burnette M.M.(2001) Exploring Human Sexuality, Making; Healthy Decisions. Allyn and Bacon. Boston |
| Additional papers will be assigned periodically and made available via GAU e-learning system |
| **Assessment** |
| Attendance | 10% |  |
| Laboratory | % |  |
| Midterm Exam (Written) | 30% |  |
| Quiz (Written) | 10% |  |
| Final Exam (Written) | 50% |  |
| Total | 100% |  |
| **ECTS Allocated Based on the Student Workload** |
| Activities | Number  | Duration (hour)  | Total Workload(hour) |
| Course duration in class (including the Exam week)  | 15 | 3 | 45 |
| Labs and Tutorials |  |  |  |
| Assignments | 3 | 8 | 24 |
| Project/Presentation/Report Writing  | 10 | 1 | 10 |
| E-learning Activities |  |  |  |
| Quizzes | 1 | 10 | 10 |
| Midterm Examination | 1 | 14 | 14 |
| Final Examination | 1 | 28 | 28 |
| Self Study  | 14 | 3 | 42 |
| Total Workload  | 173 |
| Total Workload/30 (h) | 5.76 |
| ECTS Credit of the Course | 6 |