**GAU, Faculty of Humanities**

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| **Course Unit Title** | Drugs and Individual Behaviour |
| **Course Unit Code** | PSY 451 |
| **Type of Course Unit**  | Elective |
| **Level of Course Unit**  | Fourth year, Bachelor’s Degree  |
| **National Credits** | 3 |
| **Number of ECTS Credits Allocated** | 6 ECTS |
| **Theoretical (hour/week)** | 2 |
| **Practice (hour/week)** | 1 |
| **Laboratory (hour/week)** | - |
| **Year of Study** | 3 |
| **Semester when the course unit is delivered** | 7 |
| **Mode of Delivery**  | Face to Face, E-Learning activities |
| **Language of Instruction**  | English |
| **Prerequisites and co-requisites**  | To have completed 3rd year courses |
| **Recommended Optional Programme Components**  | None |
| **Objectives of the Course:**The aim of the course is to provide students with the knowledge of use of psychoactive drugs in therapy and drug use as personal choice. This includes understanding the biological and psychological changes promoted by drug consumption. Another course objective is being able to outline research in the area of drug use and individual behavior. |
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| **Learning Outcomes** |  |
| When this course has been completed the student should be able | Assessment. |
| 1 | Defining drug use as personal choice | 1,2 |
| 2 | Understanding different types of drugs and classes | 1,2,3 |
| 3 | Explaining how psychoactive drugs are used in therapy and ethical issues concerned. | 1,2,3 |
| 4 | Understanding neurobiology of drugs | 1,2 |
| 5 | Being able to outline research in the area of drug use and individual behavior. | 1,2 |
| 6 | Understanding reinforcement models of drug use in terms of addiction | 1,2,3 |
| 7 | Understanding psychological, biological and physical alterations of drugs | 2,3 |
| Assessment Methods: 1. Written Exam, 2. Assignment 3. Project/Report, 4.Presentation, 5 Lab. Work |
| **Course’s Contribution to Program** |
|  |  | CL |
| 1 | Ability to identify the current and historical core content of and what is known in psychology. | 4 |
| 2 | Differentiate the various areas of Psychology and identify what is known in each. | 3 |
| 3 | Ability to show familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology. | 3 |
| 4 | Ability to apply psychological content and skills to career goals. | 4 |
| 5 | Ability to identify, and evaluate construct and critically analyze complex arguments. | 3 |
| 6 | Ability to apply basic research methods in psychology, with sensitivity to ethical principles. | 5 |
| 7 | Ability to identify the writing format of the American Psychological Association (APA). | 4 |
| 8 | Ability to understand the role of academic, professional, and personal integrity in maintaining a healthy community. | 4 |
| 9 | Ability to recognize and describe the ways in which diversity influences psychological processes. | 3 |
| 10 | Ability to distinguish important behavioral factors associated with personal and cultural diversity that enable intervention process in therapy. | 4 |
| 11 | Ability to demonstrate effective communication skills following professional conventions in psychology appropriate to purpose and context. | 2 |
| CL: Contribution Level (1: Very Low, 2: Low, 3: Moderate 4: High, 5:Very High) |

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| **Course Contents** |
| Week |  |  | Exam**s** |
| 1 |  | **Introduction** |  |
| 2 |  | **Defining drug use as personal choice** |  |
| 3 |  | **Psychological theories of addiction** |  |
| 4 |  | **Neurobiology of drugs consumption** |  |
| 5 |  | **Psycho-active drugs and cognitive functioning** |  |
| 6 |  | **Movie viewing** |  |
| 7 |  | **Mood and motivation in addiction** | Quiz |
| 8 |  |  | Mid Term |
| 9 |  | **Emotional behavior and substance consumption** |  |
| 10 |  | **DSM V and substance related disorders I** |  |
| 11 |  | **DSM V and substance related disorders II** |  |
| 12 |  | **Treatment of drug addiction** |  |
| 13 |  | **Cross cultural literature on drugs and behavior** |  |
| 14 |  | **Review** | Quiz |
| 15 |  |  | Final |
| **Recommended Sources** |
| **Textbook:** Additional lecture notes will be provided |
| **Assessment** |
| Attendance | 10% |  |
| Laboratory | % |  |
| Midterm Exam (Written) | 30% |  |
| Quiz (Written) | 10% |  |
| Final Exam (Written) | 50% |  |
| Total | 100% |  |
| **ECTS Allocated Based on the Student Workload** |
| Activities | Number  | Duration (hour)  | Total Workload(hour) |
| Course duration in class (including the Exam week)  | 15 | 3 | 45 |
| Labs and Tutorials |  |  |  |
| Assignments | 3 | 8 | 24 |
| Project/Presentation/Report Writing  | 10 | 1 | 10 |
| E-learning Activities |  |  |  |
| Quizzes | 1 | 10 | 10 |
| Midterm Examination | 1 | 14 | 14 |
| Final Examination | 1 | 28 | 28 |
| Self Study  | 14 | 3 | 42 |
| Total Workload  | 173 |
| Total Workload/30 (h) | 5.76 |
| ECTS Credit of the Course | 6 |