**GAU, Faculty of Humanities**

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| **Course Unit Title** | Psychology of Aging |
| **Course Unit Code** | PSY 347 |
| **Type of Course Unit**  | Elective |
| **Level of Course Unit**  | Fourth year, Bachelor’s Degree  |
| **National Credits** | 3 |
| **Number of ECTS Credits Allocated** | 6 ECTS |
| **Theoretical (hour/week)** | 2 |
| **Practice (hour/week)** | 1 |
| **Laboratory (hour/week)** | - |
| **Year of Study** | 3 |
| **Semester when the course unit is delivered** | 7 |
| **Mode of Delivery**  | Face to Face, E-Learning activities |
| **Language of Instruction**  | English |
| **Prerequisites and co-requisites**  | Completion of PSY101, PSY102 |
| **Recommended Optional Programme Components**  | None |
| **Objectives of the Course:**What does or does not change with age? Most of us view the process of aging in terms of losses: loss of looks, health, cognitive efficacy, perceptual ability, and, eventually, of life. In this course, however, we will consider research and theory on what stays the same, and on what is gained, as well. Topics will include, but are not limited to, perception, cognition, personality, mental and physical health, social relationships.   |
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| **Learning Outcomes** |  |
| When this course has been completed the student should be able to | Assessment. |
| 1 | To provide a scientific biopsychosocial context for understanding adult development.. | 1,2,3, |
| 2 | To evaluate the impact of aging on the individual. | 1,2, |
| 3 | To provide an understanding and greater appreciation for the aged. | 1,2 |
| Assessment Methods: 1. Written Exam, 2. Assignment 3. Project/Report, 4.Presentation, 5 Lab. Work |
| **Course’s Contribution to Program** |
|  |  | CL |
| 1 | Ability to identify the current and historical core content of and what is known in psychology. | 4 |
| 2 | Differentiate the various areas of Psychology and identify what is known in each. | 2 |
| 3 | Ability to show familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology. | 3 |
| 4 | Ability to apply psychological content and skills to career goals. | 4 |
| 5 | Ability to identify, and evaluate construct and critically analyze complex arguments. | 3 |
| 6 | Ability to apply basic research methods in psychology, with sensitivity to ethical principles. | 2 |
| 7 | Ability to identify the writing format of the American Psychological Association (APA). | 3 |
| 8 | Ability to understand the role of academic, professional, and personal integrity in maintaining a healthy community. | 4 |
| 9 | Ability to recognize and describe the ways in which diversity influences psychological processes. | 3 |
| 10 | Ability to distinguish important behavioral factors associated with personal and cultural diversity that enable intervention process in therapy. | 3 |
| 11 | Ability to demonstrate effective communication skills following professional conventions in psychology appropriate to purpose and context. | 4 |
| CL: Contribution Level (1: Very Low, 2: Low, 3: Moderate 4: High, 5:Very High) |

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| **Course Contents** |
| Week |  |  | Exam**s** |
| 1 |  | Course Overview |  |
| 2 |  | Theoretical background & Research Methods |  |
| 3 |  | Neuroscience |  |
| 4 |  | Physical Changes |  |
| 5 |  | Longevity, Health, and Functioning |  |
| 6 |  | Person-Environment Interactions |  |
| 7 |  | Attention and Memory | Quiz |
| 8 |  |  | Mid Term |
| 9 |  | Intelligence |  |
| 10 |  | Social Cognition |  |
| 11 |  | Personality |  |
| 12 |  | Work, Leisure, & Retirement |  |
| 13 |  | Dying and Bereavement |  |
| 14 |  | Revision | Quiz |
| 15 |  |  | Final |
| **Recommended Sources** |
| **Textbook:** Lemme, B. H. (2006). Development in Adulthood, 4th Ed.Additional lecture notes will be provided |
| **Assessment** |
| Attendance | 10% |  |
| Laboratory | % |  |
| Midterm Exam (Written) | 30% |  |
| Quiz (Written) | 10% |  |
| Final Exam (Written) | 50% |  |
| Total | 100% |  |
| **ECTS Allocated Based on the Student Workload** |
| Activities | Number  | Duration (hour)  | Total Workload(hour) |
| Course duration in class (including the Exam week)  | 15 | 3 | 45 |
| Labs and Tutorials |  |  |  |
| Assignments | 3 | 8 | 24 |
| Project/Presentation/Report Writing  | 10 | 1 | 10 |
| E-learning Activities |  |  |  |
| Quizzes | 1 | 10 | 10 |
| Midterm Examination | 1 | 14 | 14 |
| Final Examination | 1 | 28 | 28 |
| Self Study  | 14 | 3 | 42 |
| Total Workload  | 173 |
| Total Workload/30 (h) | 5.76 |
| ECTS Credit of the Course | 6 |